

Institutional Ergonomics Committee

November 6, 2000

Meeting Minutes

Committee Attendees: Mary Carol Williams, CCN-18; Faye Miller, ESH-2; Mike Brandt, ESH-5; Mabel Grey-Vigil, X-8; Fran Talley, PALarry Wardlow, ESH-4; and Phill Grogin, ESH-13.

Invited Guest: Jessica Kisiel, Health Promotion Program.

Health Promotion, Wellness, and Ergonomics

An extensive discussion was held about the opportunities and challenges that the health promotion program, wellness program (which is essentially a subset of the health promotion program), and the ergonomics program have in common. From this discussion the Communications Subteam agreed to meet with Jessica to explore ways that the Ergonomics Program and the Health Promotion Program can team together to bring ergonomics and wellness topics and support to employees around the Laboratory. Jessica and the Subteam will:

- 1) explore taking a 'traveling ergo and wellness' fair to Tech Sites around the Lab,
- 2) developing a common message about the importance of wellness and ergonomics and how these topics are interrelated, and
- 3) generating ways of 'getting the message out to employees' by using incentives to attract employees and engage them.

Money will be requested from the Lab's Morale Fund.

The Subteam and Jessica will also focus on developing a unified message about health, wellness, and ergonomics. The traveling 'fair' will be designed to illustrate and support the message.